

## 兒童與青少年適應問題研究

*Seminar on Children and Adolescents Adjustment*

課程代號：

上課時間：每週一晚間 6:20-9:20 或週六全天

開課期間：111-1

上課地點：

開課系所：心諮碩二

授課教師：許育光(教授)、劉子維(臨床實務講師)

授課分數：3 (選修 elective)

Office Hours: Tuesday

教學助理：待聘

Tel: 分機 73820

E-mail: [ykhsu@mx.nthu.edu.tw](mailto:ykhsu@mx.nthu.edu.tw)

### 課程概述 Course Description

本課程為興趣於兒童青少年心理工作之研究生設計，融合兒童諮商輔導、特殊教育、兒童臨床心理、兒童早療與社會工作、企業員工兒童與家庭協助等實務整合理念，著重於兒童心理診斷、衡鑑與介入計畫形成所需知能，並從發展的觀點了解心理評估與撰寫整合性個案報告。內容將涵括兒童青少年心理病理 (child and adolescent psychopathology)、兒童與家庭接案衡鑑會談 (assessment interviewing)、行為觀察 (behavioral observation)、相關臨床測驗解讀參閱、臨床判斷 (clinical judgment)、鑑別診斷 (differential diagnosis)、與個案報告寫作 (psychological evaluation report writing)。課程目標在裝備學生有能力辨識兒童青少年與家庭心理議題、挑選與運用適當的心理評估工具與手段以搜集資料，進而協助診斷、進行個案構念化 (case conceptualization)、發展治療計畫、以及能將所搜集到的資料形成有意義的口頭與書面報告。

### 先修課程 Course Prerequisites

修過發展心理學、變態心理學或心理病理學、人格心理學及諮詢理論與技術相關課程。本系大學部高年級同學期待未來朝兒童與學校心理發展、校內外諮詢心理博士班期待補充實務基礎與廣博研究閱覽等研究生，均歡迎選修。

### 學習目標 Learning Objects

- 一・能對於兒童青少年心理診斷有全面性通盤的理解於熟識度。
- 二・能於諮詢與臨床實務應用診斷知識來豐厚兒童與家庭心理工作。
- 三・與兒童青少年心理測驗工具與衡鑑理論的發展與時俱進，並大致了解具信、效度的評量工具。
- 四・能整合不同來源的評估與測驗結果，並熟練運用 DSM-5 進行兒童心理之臨床判斷、形成診斷、評估預後、訂定治療計畫或教育安置決定。
- 五・能應用相關診斷與評估理念，建構對個案實務工作之基礎能力。

### 核心能力對應 Corresponding Dept Core Competences

- ✓ 專業知能：瞭解心理學與助人專業之知能 30%

- ✓ 應用統整：應用心理學於助人專業領域之能力 20%
- ✓ 研究分析：應用心理學於助人專業領域之研究能力 20%
- ✓ 專業實踐：實踐助人專業服務之專業倫理與精神 10%
- ✓ 自我成長：具備自我覺察、自我照顧與自我成長的策略能力 10%
- ✓ 倫理關懷：投入對人類心理福祉提升的終極關懷 10%

## **教學方式 Instructional Strategies**

授課方式將包含講授、指定文獻閱讀、示範、測驗實際施測、進行衡鑑會談、報告寫作、影片評論、討論、小組合作、個案研討、情境模擬測驗、心得報告、角色扮演、運用圖書館與測驗室資源等方式進行。並通過個案模擬報告來強化將診斷與介入知識，與評量或實務工作來加以整合。

## **教學設計 Instruction Design:**

### **Part one: 診斷與衡鑑、介入模式規劃基礎**

著重對於整體生理心理社會診斷工作，形成一既定的輪廓和概念；並能銜接先前訓練，將臨床診斷與介入、輔導原理與實務、社區心理衛生、社區心理服務模式等介入性處遇模式，加以整合進入初步評估與輔導實務。

### **Part Two: 兒童青少年適應問題與臨床診斷綜覽/實務探討**

從下列三大診斷叢集區塊和成人/相對人與關係議題，來探究各類型評估與治療，以及系統實務工作(\*劉子維 老師)

1. 發展導向障礙類別診斷區塊：發展評估、早期療育、發展障礙與疾患、自閉光譜疾患
2. 外導性/外向性障礙類別診斷區塊：決裂行為障礙、ADHD、ODD/CD、情緒障礙大類
3. 內導性/內向性障礙類別診斷區塊：睡眠障礙、飲食疾患、憂鬱/雙相、焦慮/強迫
4. 青少年發展&成人/相對人診斷議題：體化/解離、拒學/懼學、創傷/暴力、自我傷害

**PS: 週六 四次 9:00-12:00 & 13:00-17:00 4\*7 小時**

### **Part Three: 兒童青少年適應問題與療育文獻探討**

新近指定文獻與期刊新知專題報告

### **Part Four: 臨床議題之聚焦論述、個案研究實務與社區推廣**

課程設計以諮詢專業實務於未來社區寬廣需求和專精兒童家庭服務為基調，強調實務整合、個案探究和社區推廣能力之培養；能進行一完整之兒童青少年議題評估與個案模擬報告。

## 課程評量安排 Assignments & Evaluation:

1. 小組討論與課堂參與(30%)：平時成績
2. 課程反思與應用心得(20%)：選定兩類型相關輔導與治療知識進行運用。
3. 課程研讀文獻報告(20%)：閱讀分享一篇教師指定之新近文獻。
4. 模擬兒童青少年心理實務報告一份/口頭與書面報告(30%)：個別統整學期所學，進行一份模擬報告之撰寫（相關格式於期初簡介），並於期末進行口頭報告。

## 課程進度 Content Sequence

P.: Presenter (Group). \*Act.: Activity. \*HW.: Home Work Due.

	日期	閱讀進度/學習素材	研讀/學習活動 Act.	P.	HW
1	9/12	課程簡介與兒少輔導之多元場境療育		K	
2	9/19	診斷與衡鑑、介入模式規劃基礎		K	
3	9/24(六)	發展導向障礙類別診斷：發展評估、早期療育		J	
4	(七小時)	發展障礙與疾患、自閉光譜疾患		J	
5	9/26	個案探究：艾咪的世界		K	
	10/3	分組線上學習	個案療育模式研討		
6	10/10	雙十國慶			
7	10/8(六)	外導性/外向性障礙類別診斷區塊：決裂行為障礙、ADHD		J	
8	(七小時)	ODD/CD、情緒障礙大類		J	
	10/17	分組線上學習	個案療育模式研討		
9	10/22(六)	內導性/內向性障礙類別診斷區塊：睡眠障礙、飲食疾患		J	
10	(七小時)	憂鬱/雙相、焦慮/強迫		J	
	10/24	分組線上學習	個案療育模式研討		
11	10/31	兒少診斷與文獻閱讀（一）+個案討論		K	
12	11/7	兒少診斷與文獻閱讀（二）+個案討論		K	
13	11/12(六)	青少年發展&成人/相對人診斷議題：體化/解離、拒學/懼學		J	
14	(七小時)	創傷/暴力、自我傷害		J	
	11/14	分組線上學習	個案療育模式研討		
16	11/21	兒少診斷與文獻閱讀（三）+個案討論		K	
17	11/28	兒少診斷與文獻閱讀（四）+個案討論		K	

	12月	分組線上學習	個案療育模式研討		
18	01/09	期末專題：研讀統整與個案報告		K	

分組線上學習：可自行進行，也視需要事先與老師預約參與諮詢討論

修課同學： 閱讀安排

## 協同臨床講師簡介

### **劉子維 老師**

臨床心理師（心理字第 000795 號）

社會工作師（內受中社字第 0930700937 號）

學歷：輔仁大學臨床心理系碩士班

#### **重要資歷：**

- \*暖流人心規劃顧問執行長
- \*童伴心理治療所合作臨床心理師
- \*吾心文教基金會合作臨床心理師
- \*善牧基金會桃園庇護家園合作臨床心理師
- \*力人關係促進協會合作臨床心理師
- \*新北市立新北特殊教育學校公職臨床心理師
- \*長庚科技大學幼保系暨護理系兼任講師
- \*服務犬領導者

#### **專長：**

- \*過動、自閉特質、發展遲緩學習與生活成長
- \*兒童、青少年學習成長困擾
- \*特教學生情緒行為問題
- \*親職成長與親子關係
- \*遊戲治療
- \*成人焦慮憂鬱

## 指定教科書 Required Texts\*

梁培勇等。(2015)兒童偏差行為（第三版）。心理出版社。

\*Youngstrom E., Prinstein M., Mash E., & Barkley R.(Editor). (2022). **Assessment of Disorders in Childhood and Adolescence**, Fifth Edition. Guilford Press.

Goldstein, Sam, DeVries, Melissa (Eds.) (2017). **Handbook of DSM-5 Disorders in Children and Adolescents**. Cham, Switzerland: Springer International Publishing AG. <https://DOI 10.1007/978-3-319-57196-6>

Johnny L. Matson Editor (2018). **Handbook of Childhood Psychopathology and Developmental Disabilities Assessment**. Cham, Switzerland: Springer International Publishing AG.  
<https://doi.org/10.1007/978-3-319-93542-3>

## 延伸閱讀文獻

Christopher A. Flessner and John C. Piacentini (2019). **Clinical Handbook of Psychological Disorders in Children and Adolescents. A Step-by-Step Treatment Manual.** NY: Guilford Press. ISBN 9781462540297.

Mitchell J. Prinstein, Eric A. Youngstrom, Eric J. Mash, and Russell A. Barkley (2019). **Treatment of Disorders in Childhood and Adolescence**, Fourth Edition. NY: Guilford Press. ISBN 9781462538980.

張本聖，高振傑，胡淑娥，洪志美譯(2019)。心理衡鑑大全（三版）。台北：雙葉。《Gary Groth-Marnat, A. Jordan Wright. (2016). Handbook of Psychological Assessment 6E》

~以下相關資源/連結，感謝朱春林老師、陳秀蓉老師、洪志美老師等學者先進提供，特此致謝！

*Note:*

Bayley Scales of Infant and Toddler Development, Third Edition (Bayley-III)  
Beck Youth Inventory (BYI)  
Behavior Assessment System for Children, Second Edition (BASC-2)  
Bender Gestalt Visual-Motor Test (Bender-Gestalt)  
Brief Psychiatric Rating Scale (BPRS)  
Brief Psychiatric Rating Scale for Children (BPRS-C)  
Brief Symptom Rating Scale-Fifth Edition (BSRS-5)簡式健康量表  
Child Depression Inventory (CDI)  
Children's Apperception Test (CAT)  
Conners' ADHD / DSM-IV Scales (CADS)  
Draw A Person (DAP)  
House-Tree-Person Testing (HTP)  
Kaufman Assessment Battery for Children, Second Edition (KABC-II)  
Kaufman Brief Intelligence Test, Second Edition (KBIT-2)  
Kinetic Family Drawing Test (K-F-D)  
Incomplete Sentences for Children  
Leiter International Performance Scale-Revised (Leiter-R)  
Mini-Mental State Examination (MiniMSE)  
Peabody Picture Vocabulary Test-Third Edition (PPVT-III)  
Revised Children's Manifest Anxiety Scale: What I Think and Feel (RCMAS)  
Rotter Incomplete Sentences Blank, Adult Form (RISB-AF)  
Rotter Incomplete Sentences Blank, College Form (RISB-CF)  
Stanford-Binet Intelligence Scales, Fifth Edition (SB5)  
Symptom Checklist-90-R (SCL-90-R)  
Thematic Apperception Test (TAT)  
Trail Making Test (TMT)  
Trauma Symptom Checklist for Children (TSCC)  
Wechsler Adult Intelligence Scale-Third Edition (WAIS-III)  
Wechsler Intelligence Scale for Children-Third Edition (WISC-III)  
Wechsler Intelligence Scale for Children-Fourth Edition (WISC-IV)  
Wechsler Individual Achievement Test-Second Edition (WIAT-II)  
Wechsler Memory Scale - Fourth Edition (WMS-IV)  
Wechsler Preschool and Primary Scale of Intelligence-Third Edition (WPPSI-III)  
Wide Range Achievement Test-Fourth Edition (WRAT4)  
特殊需求學生轉介資料表--100R (100R)

## 診斷參考閱讀 Readings for Diagnosis

American Psychiatric Association (2013). Desk reference to the diagnostic criteria from DSM-5. Washington, DC: Author. 台灣精神醫學會（合譯）(2014)。《DSM-5 精神疾病診斷準則手冊》。台北：合記。

American Psychiatric Association (2013). *Diagnostic and statistical manual of mental disorders (DSM-5)*. Washington, DC: Author.

Antony, M. M., & Barlow, D. H. (Eds.) (2002). *Handbook of assessment and treatment planning for psychological disorders*. New York: Guilford Press. 李立維、梁端芸（等譯）(2009)。《心理疾患衡鑑與治療計畫手冊》。台北：心理。（”I highly recommend this book to anyone interested in the thorough assessment of psychological disorders as well as the relationship between assessment and evidence-based interventions.” - Psychotherapy Research）

Balkin, R. S., & Juhnke, G. A. (2013). *The Theory and practice of assessment in counseling*. Columbus, OH: Pearson.

Carlat, D. J. (2004). *The psychiatric interview: A practical guide* (Practical guides in psychiatry, (2nd ed.). Philadelphia, PA: Lippincott Williams & Wilkins. 趙又麟（譯）(2007)。《精神醫學的第一堂課：面談技巧》。台北：合記。

Gregory, R. J. (2013). *Psychological testing: History, principles, and applications* (7th ed.). Pearson. Boston, MA: Pearson Allyn/Bacon.

Groth-Marnat, G. (2009). *Handbook of psychological assessment* (5th ed.). Hoboken, NJ: John Wiley & Sons, Inc. 張本聖、洪志美（譯）(2012)。《心理衡鑑大全》(二版)。台北：雙葉。

Hays, D. G. (2013). *Assessment in counseling: A guide to the use of psychological assessment procedures* (5th ed.). Alexandria, VA: American Counseling Association. Or

Hood, A. B., & Johnson, R. W. (2007). *Assessment in counseling: A guide to the use of psychological assessment procedures* (4th ed.). Alexandria, VA: American Counseling Association. (MCU 150.287 H776 2007)

Kramer, G. P., Bernstein, D. A., & Phares, V. (2009). *Introduction to clinical psychology* (7th ed.). Upper Saddle River, NJ: Pearson Prentice Hall.

Kronenberger, W. G. & Meyer, R. G. (2000). *The child's clinician's handbook* (2nd ed.). Boston: Allyn & Bacon. 唐子俊等（譯）(2008)。《兒童臨床工作手冊》。台北：心理。

Linden, W. & Hewitt, P. (2011). *Clinical psychology: A modern health profession*. Boston, MA: Pearson Allyn/Bacon.

Sadock, B. J., Sadock, V. A., & Ruiz, P. (Eds.) (2014). *Kaplan and Sadock's Synopsis of Psychiatry: Behavioral Sciences/Clinical Psychiatry* (11th ed.). New York: Williams & Wilkins.

Tombaugh, T. N. (2004). Trail making test A and B: Normative data stratified by age and education. *Archives of Clinical Neuropsychology*, 19, 203–214.

Trull, T. J. (2005). *Clinical psychology* (7th ed.). London: Thomson/Wadsworth Publishing. 游恆山（譯）(2007)。《臨床心理學》。台北：五南。

Trull, T. J. & Prinstein, M. J. (2013). *The science and practice of clinical psychology* (8th ed.). London: Thomson/Wadsworth Publishing.

Whiston, S. C. (2012). *Principles and applications of assessment in counseling* (4th ed.). Belmont, CA: Brooks/Cole.

朱春林（2014）。〈精神疾病診斷與統計手冊第五版的關鍵改變及其意涵〉。《輔導季刊》，50（4），2-16。

## 聯合教科書與多媒體教材 Associated Texts & Multimedia

## Texts

- Barlow, D. H., & Durand, V. M. (2009). *Abnormal psychology: An integrative approach* (5th ed.). Belmont, CA: Wadsworth/Cengage Learning.
- Butcher, J. N., Mineka, S., & Hooley, J. M. (2006). *Abnormal psychology* (13th ed.). Boston, MA: Allyn & Bacon. 游恆山 (譯) (2008)。《變態心理學》。台北：五南。
- Carson, R. C., Butcher, J. N., & Mineka, S. (2000). *Abnormal psychology and modern life* (11th ed.). Boston, MA: Allyn & Bacon. 陳美君、陳美如、陳秀卿、林宜美 (譯) (2003)。《變態心理學》 (2nd ed.)。台北：五南。
- Comer, R. J. (2001). *Abnormal psychology* (4th ed.). Worth Publishers and W. H. Freeman & Company. 林美吟、施顯煌 (譯) (2004)。《變態心理學》。台北：心理。
- Gregory, R. J. (2007). *Psychological testing: History, principles, and applications* (5th ed.). Boston, MA: Allyn & Bacon.
- Kauffman, J. M., & Landrum, T. J. (2009). *Characteristics of emotional and behavioral disorders of children and youth* (9th ed.). Upper Saddle River, NJ: Merrill Prentice Hall.
- Kramer, G. P., Bernstein, D. A., & Phares, V. (2009). *Introduction to clinical psychology* (7th ed.). Upper Saddle River, NJ: Pearson Prentice Hall.
- Kring, A. M., Johnson, S. I., Davison, G. C., & Neale, J. M. (2012). *Abnormal psychology* (12th ed.). New York: Wiley. 張本聖 (等譯) (2014)。《變態心理學》(二版)。台北：雙葉。
- Ogdon, D. P. (2001). *Psychodiagnostics and personality assessment: A handbook* (3ed ed.). Los Angeles: Western Psychological Services. 陸雅青、劉同雪 (譯) (2008)。《心理診斷與人格測驗手冊》。台北：心理。
- Sattler, J. M. (1992). *Assessment of children* (revised and updated 3rd ed.). San Diego, CA: Jerome M. Sattler, Publisher, Inc.  
Note: the new version of this book is divided into 2 sections: *Assessment of children: Behavioral, social, and clinical foundations* (2005) and *Assessment of children: Cognitive applications* (2001).
- Sexson, S. B. (2005). *Child and Adolescent Psychiatry* (2nd ed.). Blackwell's neurology and psychiatry access series. Oxford, NY: Blackwell Publishing Ltd.

## 延伸閱讀 Further Suggested Reading

### Overview:

- Aiken, L. R., & Groth-Marnat, G. (2006). *Psychological testing and assessment* (12th ed.). Boston, MA: Pearson Education Group, Inc.
- Alvarez, A., & Reid, S. (Eds.). (1999). *Autism and personality: Finding from the Tavistock Workshop*. New York, NY: Routledge. 許育光、葉瓊婷、劉秀芬 (合譯) (2003)。《瞭解自閉症：精神分析取向的發現、理解與治療》。台北：五南。
- American Psychological Association (n.d.). FAQ/Finding information about psychological tests. *Testing and Assessment*. APA Online. <http://www.apa.org/science/faq-findtests.html>
- Culbertson, J. L., & Willis, D. J. (Eds.). (1993). *Testing young children*. Austin, TX: Pro-Ed Inc.
- Buros Institute of Mental Measurements (1985-Present). *Mental measurement yearbook*. Lincoln, NE: Buros Institute of Mental Measurements.
- Buros Institute of Mental Measurements @ <http://www.unl.edu/buros> \*This is a free and excellent service provided by the University of Nebraska, Lincoln. It provides a comprehensive list of psychological tests available with information on how to locate the test and reviews of the test.
- Coyne, I. (2001). *Test adaptation guidelines*. International Test Commission. Stockholm,

Sweden: International Test Commission. Available at  
[http://www.intestcom.org/test\\_adaptation.htm](http://www.intestcom.org/test_adaptation.htm)

- Gabbard, G. O. (2005). *Psychodynamic psychiatry in clinical practice* (4th ed.). Arlington, VA: American Psychiatric Publishing, Inc. 李宇宙等（譯）(2007)。《動力取向精神醫學--臨床應用與實務》。台北：心靈工坊。
- Garland, C. et al. (1998). *Understanding trauma: A psychoanalytical approach*. Great Britain: Gerald Duckworth & Co. Ltd. 許育光、黃慧涵、王臨風（譯）(2006)。《創傷治療：精神分析取向》。台北：五南。
- Goldman, J., Stein, C. L., & Guerry, S. (1983). *Psychological methods of child assessment* (2nd printing). New York, NY: Brunner/Mazel, Publishers.
- Goldstein, G., & Hersen, M. (Eds.). (1984). *Handbook of psychological assessment*. New York: Pergamon Press Inc.
- Gregory, R. J. (2007). *Psychological testing: History, principles, and applications* (5th ed.). Boston, MA: Allyn & Bacon.
- Kamphaus, R., & Frick, P. J. (2002). *Clinical assessment of child and adolescent personality and behavior* (2nd ed.). Boston, MA: Allyn & Bacon.
- Mash, E. J., & Wolfe, D. A. (2006). *Abnormal Child Psychology*. Belmont, CA: Wadsworth Publishing Co.
- Miller, L., Rustin, M., Rustin, M., & Shuttleworth, J. (Eds.). (1989). *Closely observed infants*. Great Britain: Gerald Duckworth & Co. Ltd. 樊雪梅（譯）(2002)。《嬰兒觀察》。台北：五南。
- Ogdon, D. P. (2001). *Psychodiagnostics and personality assessment: A handbook*. Los Angeles, CA: Western Psychological Services. 陸雅青、劉同雪（譯）(2008)。《心理診斷與人格測驗手冊》。台北：心理。
- Sacks, O. (1985). *The man who mistook his wife for a hat and other clinical tales*. New York: Simon and Schuster. 孫秀惠（譯）(2008)。《錯把太太當帽子的人》。台北：天下文化。  
(在大學中任教音樂的皮博士，顯現一種奇特的「辨識不能」的徵狀，他不但越來越無法分辨旁人的臉，還會把沒有臉的東西看成是臉。他會以和靄、長者般的姿態，輕撫路邊的收費計時器頂部，像是把它當成小孩子的頭；或是在家中和坐椅上的雕花手把閒話家常，直到對方沒有反應而感到一陣錯愕。)
- Sacks, O. (1995). *An anthropologist on Mars: Seven paradoxical tales*. New York: Alfred A. Knopf, Inc. 趙永芬（譯）(2008)。《火星上的人類學家》。台北：天下文化。(七個腦神經異常者的生命故事，他們或有視覺、記憶、認知、感知等方面的問題。)
- Sacks, O. (2007). *Musicophilia: Tales of music and the brain*. New York: Alfred A. Knopf, Inc. 廖月娟（譯）(2008)。《腦袋裝了2000齣歌劇的人》。台北：天下文化。(把神經科學與不可思議的真實故事交織在一起，讓我們用全新的角度來看大腦的功能和音樂，濃厚的人文色彩使本書讀來像一流的報導。)
- Taylor, R. L. (1993). *Assessment of exceptional students* (3rd ed.) Boston, MA: Allyn & Bacon.
- Vance, H. B. (Ed.). (1998). *Psychological Assessment of Children*. New York, NY: John Wiley & Sons, Inc.
- Weaver, S. J. (Ed.). (1984). *Testing children: A reference guide for effective clinical and psychoeducational assessments*. Austin, TX: Pro-Ed, Inc.
- 唐子俊、黃詩殷、王慧瑛（2005）。《青少年心理障礙快速診斷手冊》。台北：心理。
- 張世彗、藍瑋琛（2007）。《特殊教育學生鑑定與評量》(4th ed.)。台北：心理。

### Interviewing:

- Sommers-Flanagan, J., & Sommers-Flanagan, R. (2003). *Clinical Interviewing* (3rd ed.). Hoboken, NJ: John Wiley & Sons, Inc.

### Cognitive Testing:

- Dunn, L., & Dunn, L. M. (1997). *Examiner's manual for the peabody picture vocabulary test: Third edition*. Circle Pines, MN: American Guidance Service.
- Flanagan, D. P., & Kaufman, A. S. (2004). *Essentials of WISC-IV assessment*. Hoboken, NJ: John Wiley & Sons, Inc. \*John Wiley & Sons, Inc. published a series of interpretation books of varied instruments. I highly recommend you this series if you do not have interpretation manuals of certain instruments. They are reliable references written by respectable authors.
- Flynn, J. R. (1998). IQ gains over time: Toward finding the causes. In U. Neisser (Ed.), *The rising curve: Long-term gains in IQ and related measures* (pp. 25-66). Washington, D.C.: American Psychological Association.
- Kaufman, A. S. (1994). *Intelligent testing with the WISC-III*. New York, NY: John Wiley & Sons.
- Kaufman, A. S., Lichtenberger, E. O., Fletcher-Janzen, E., & Kaufman, N. L. (2005). *Essentials of KABC-II assessment*. Hoboken, NJ: John Wiley & Sons, Inc.
- Roid, G. H. (2003). *Stanford Binet intelligence scales: Fifth edition technical manual*. Itasca, IL: Riverside Publishing.
- Sattler, J. M., & Dumont, R. (2004). *Assessment of Children: WISC-IV and WPPSI-III supplement*. La Mesa, CA: Jerome M. Sattler, Publisher, Inc.
- Sattler, J. M., & Ryan, J. J. (1999). *Assessment of children: WAIS-III supplement*. San Diego, CA: Jerome M. Sattler, Publisher, Inc.
- Schrank, F. A., Flanagan, D. P., Woodcock, R. W., & Mascolo, J. T. (2002). *Essentials of WJ-III cognitive abilities assessment*. Hoboken, NJ: John Wiley & Sons, Inc.
- Sternberg, R. J. (2004). Culture and intelligence. *American Psychologist*, 59, 325-338.
- The Psychological Corporation (1997). *Wechsler adult intelligence scale-Third edition (WAIS-III), Wechsler memory scale-Third edition (WMS-III) technical manual*. San Antonio, TX: The Psychological Corporation.
- The Psychological Corporation (1999). *Wechsler abbreviated scale of intelligence (WASI) manual*. San Antonio, TX: The Psychological Corporation.
- Wechsler, D. (1991). *Wechsler intelligence scale for children-Third edition (WISC-III) manual*. San Antonio, TX: The Psychological Corporation.
- Wechsler, D. (2002). *Wechsler preschool and primary scale of intelligence-Third edition (WPPSI-III) technical and interpretive manual*. San Antonio, TX: The Psychological Corporation.
- Wechsler, D. (2003). *Wechsler intelligence scale for children-Forth edition (WISC-IV) administration and scoring manual*. San Antonio, TX: The Psychological Corporation.
- Wechsler, D. (2003). *Wechsler intelligence scale for children-Forth edition (WISC-IV) technical and interpretive manual*. San Antonio, TX: The Psychological Corporation.

### Achievement Testing:

- Lichtenberger, E. O., & Smith, D. R. (2005). *Essentials of WIAT-II and KTEA-II assessment*. New York, NY: John Wiley & Sons, Inc.
- Mather, N., Wendling, B. J., & Woodcock, R. W. (2001). *Essentials of WJ-III tests of achievement assessment*. Hoboken, NJ: John Wiley & Sons, Inc.
- Mather, N., & Jaffe, L. E. (2002). *Woodcock-Johnson-III: Reports, recommendations, and strategies*. Hoboken, NJ: John Wiley & Sons, Inc.
- Smith, D.K. (2001). *Essentials of individual achievement assessment*. Hoboken, NJ: John Wiley & Sons.
- Wilkinson, G. S. (1993). *Wide range achievement test-Third edition: Administration manual*. Wilmington, DE: Wide Range, Inc.

### Neuropsychological Testing:

- Bender, L. (1938). A visual motor gestalt test and its clinical use. In L. G. Lowrey (Ed.), *Research monographs No. 3*. American Orthopsychiatric Association.

- Groth-Marnat, G. (Ed.). (2003). *Neuropsychological assessment in clinical practice: A guide to test interpretation and integration*. Hoboken, NJ: John Wiley & Sons, Inc.
- Hutt, M. L. (1985). *The Hutt adaptation of the Bender-Gestalt test: Rapid screening and intensive diagnosis* (4th ed.). Orlando, FL: Grune & Stratton, Inc.
- Lacke, P. (1999). *Bender Gestalt screening for brain dysfunction* (2nd ed.). Hoboken, NJ: John Wiley & Sons, Inc.
- Lezak, M. D. (1995). *Neuropsychological assessment* (3rd ed.). Oxford, NY: Oxford University Press, Inc. Or, Lezak, M. D., Howieson, D. B., Loring, D. W., Hannay, H. J., & Fischer, J. S. (2004). *Neuropsychological assessment* (4<sup>th</sup> ed.). Oxford, NY: Oxford University Press, Inc.  
\*This is a broad based book on neuropsychological testing. It does include many instruments used in other testing realms and neuropsychological implications of non-neuropsychological based tests. Lezak is a reliable figure in this field of neuropsychological assessment interpretation.
- Strauss, E., Sherman, E. M. S., & Spreen, O. (2006). *A Compendium of Neuropsychological Tests: Administration, Norms, and Commentary* (3rd ed.). Oxford, NY: Oxford University Press.  
(MCU library 616.80475)(4.5 stars at Amzon)

### Objective Testing:

- Archer, R. P. (1992). *MMPI-A: Assessing adolescent psychopathology*. NJ: Lawrence Erlbaum Associates, Publishers.
- Archer, R. P., & Krishnamurthy, R. (2002). *Essentials of MMPI-A assessment*. Hoboken, NJ: John Wiley & Sons, Inc.
- Barkley, R. A. (1997). *Defiant children: A clinician's manual for assessment and parent training* (2nd ed.). New York, NY: The Guilford Press. 黃惠玲、趙家琛（譯）（2002）。《不聽話的孩子：臨床衡鑑與親職訓練手冊》。台北：心理。
- Bricker, D., & Pretti-Frontczak, K. (Ed.). (1996). *AEPS measurement for three to six years Volume III*. Baltimore, MD: Paul H. Brookes Publishing Co., Inc. 第一社會福利基金會（譯）（2005）。《嬰幼兒評量、評鑑及課程計畫系統第三冊：3 歲至 6 歲的 AEPS 測量》。台北：心理。
- Bricker, D., & Pretti-Frontczak, K. (Ed.). (1996). *AEPS measurement for three to six years Volume III: Appendix D: Data recording Forms*. Baltimore, MD: Paul H. Brookes Publishing Co., Inc. 第一社會福利基金會（譯）（2005）。《嬰幼兒評量、評鑑及課程計畫系統第三冊：3 歲至 6 歲的 AEPS 測量》（表格）。台北：心理。
- Bricker, D., & Pretti-Frontczak, K. (Ed.). (1996). *AEPS measurement for three to six years Volume IV*. Baltimore, MD: Paul H. Brookes Publishing Co., Inc. 第一社會福利基金會（譯）（2005）。《嬰幼兒評量、評鑑及課程計畫系統第四冊：3 歲至 6 歲的 AEPS 課程》。台北：心理。
- Butcher, J. N. (Ed.). (2002). *Clinical personality assessment: Practical approaches* (2nd ed.). Oxford, NY: Oxford University Press, Inc. \*This edited book provides a good review of the many issues in personality testing. The early chapters provide a theoretical basis. The book includes sections of special populations, problems in personality assessment, and interpretation of the results.
- Butcher, J. N., Williams, C. L., Graham, J. R., Archer, R. P., Tellegen, A., Ben-Porath, Y. S., & Kaemmer, B. (1992). *MMPI-A manual for administration, scoring, and interpretation* (revised edition). MN: University of Minnesota Press.
- Erlbaum, G. J. R. (2000). *MMPI-2: Assessing personality and psychopathology* (3rd ed.). Oxford, NY: Oxford University Press, Inc.
- Greene, R. L. (1987). Ethnicity and MMPI performance: A review. *Journal of Consulting and Clinical Psychology*, 55, 497-512.
- Hilsenroth, M. J., & Segal, D. L. (Eds.). (2004). Personality assessment, Volume 2. In M. Hersen (Ed.), *Comprehensive handbook of psychological assessment*. Hoboken, NJ: John Wiley &

Sons, Inc.

- Kellerman, H., & Burry, A. (1997). *Handbook of psychodiagnostic testing: Analysis of personality in the psychological report* (3rd ed.). Needham Heights, MA: Allyn and Bacon.
- Mayer, J. D., Salovey, P., & Caruso, D. (2000). Models of emotional intelligence. In R. J. Sternberg (Ed.), *Handbook of intelligence* (pp. 396-420). New York: Cambridge University Press.
- Nichols, D. (2001). *Essentials of MMPI-2 Assessment*. Hoboken, NJ: John Wiley & Sons, Inc.
- Reynolds, W. M. (1998). *Adolescent psychopathology scale: Administration and interpretation manual*. FL: Psychological Assessment Resources, Inc.

### Projective Testing:

- Bellak, L., & Abrams, D. M. (1997). *The T. A. T., the C. A. T., and the S. A. T. in clinical use* (6th ed.). Boston, MA: Allyn & Bacon. \*A very good, thorough text on the TAT, CAT and the SAT.
- Burns, R. C. (1987). *Kinetic-house-tree-person drawings (K-H-T-P): An interpretive manual*. New York: Bruner/Mazel. 梁漢華、黃璇瑛（譯）(2000)。《心理投射技巧分析：心理圖解手冊》。台北：揚智。
- Exner, J. E., Jr. (1991). *The Rorschach a comprehensive system volume 2: Interpretation* (2nd ed.). Hoboken, NJ: John Wiley & Sons, Inc.
- Exner, J. E., Jr., & Weiner, I. (1995). *The Rorschach: A comprehensive system. Volume 3: Assessment of children and adolescents* (2nd ed.). Hoboken, NJ: John Wiley & Sons, Inc.
- Exner, J. E., Jr. (2000). *A primer for Rorschach interpretation*. Asheville, NC: Rorschach Workshops.
- Exner, J. E., Jr. (2001). *A Rorschach workbook for the comprehensive system* (5th ed.). Asheville, NC: Rorschach Workshops. \*This is a must book for Exner's Rorschach scoring system. Exner's scoring and interpretation system of Rorschach is the most popular taught and used system in the US academic and practical settings.
- Lilienfeld, S. O., Wood, J. M., & Garb, H. N. (2000). The scientific status of projective techniques. *Psychological Science in the Public Interest*, 1(2), 27–66. Available at [www.psychologicalscience.org/newsresearch/publications/journals/pspi1\\_2.html](http://www.psychologicalscience.org/newsresearch/publications/journals/pspi1_2.html)
- Lilienfeld, S. O., Wood, J. M., & Garb, H. N. (2001). What's wrong with this picture. *Scientific American*, 81-87. Available at [http://www.psychologicalscience.org/newsresearch/publications/journals/sa1\\_2.pdf](http://www.psychologicalscience.org/newsresearch/publications/journals/sa1_2.pdf)
- Murstein, B. I. (Ed.). (1965). *Handbook of projective techniques*. NY: Basic Books, Inc.
- Oster, G. D., & Gould, P. (1987). *Using drawings in assessment and therapy: A guide for mental health professionals*. New York, NY: Brunner-Routledge, Publishers. 呂俊宏、劉靜女（譯）(2002)。《繪畫評估與治療：心理衛生專業人員指南》。台北：心理。
- Rose, T., Kaser-Boyd, N., & Maloney, M. P. (2001). *Essentials of Rorschach assessment*. Hoboken, NJ: John Wiley & Sons, Inc.
- Schafer, R. (2002). *Psychoanalytic interpretation in Rorschach testing: Theory and application*. New York, NY: The Other Press. \* The book covers interpersonal dynamics in the test situation, the response process, thematic analysis, criteria for judging the adequacy of interpretations, introduction to the interpretation of defensive operations.
- Section IV: Projective drawings. In Hilsenroth, M. J. and Segal, D. L. (Eds.). (2004). *Personality assessment, Volume 2*. In Michel Hersen (Ed.), *Comprehensive handbook of psychological assessment*. Hoboken, NJ: John Wiley & Sons, Inc. \*It is a reliable reference for drawing interpretation. I like this more than others.
- The Rorschach test*. Available at <http://www.deltabravo.net/custody/rorschach.php>
- Van Hutton, V. (1994). *House-tree-person and draw-a-person as measures of abuse in children: A quantitative scoring system*. Odessa, FA: Psychological Assessment Resources, Inc.

### Treatment Plan:

Mash, E. J., & Barkley, R. A. (2006). *Treatment of Childhood Disorders* (3rd ed.). New York, NY: The Guilford Press.

Johnson, S. L. (1997). *Therapist's guide to clinical intervention: The 1-2-3s of treatment planning*. San Diego, CA: Academic Press. \*This book covers basic issues in treatment planning. It lists suggestion of appropriate treatment plans for different diagnoses. It can be a good aid as you write your first treatment plans.

Jongsma, A. E. Jr., Peterson, L. M., & McInnis, W. P. (2006). *The child psychotherapy treatment planner* (4th ed.). Hoboken, NJ: John Wiley & Sons, Inc. \*This book provides treatment planning guidelines and an array of pre-written treatment plan components for behavioral and psychological problems. It belongs to "Practice Planners" series published by the John Wiley & Sons, Inc. I highly recommend this series of treatment planner which designed according to varied target populations or disorders. Clinicians will find this up-to-date revision an invaluable resource.

Mash, E. J., & Barkley, R. A. (Ed.). (1998). *Treatment of childhood disorders* (2nd ed.). New York, NY: The Guilford Press.

### **Report Writing:**

Lichtenberger, E. O., Mather, N., Kaufman, N. L., & Kaufman, A. S. (2004). *Essentials of assessment report writing*. Hoboken, NJ: John Wiley & Sons, Inc.

Ownby, R. L. (1997). *Psychological report* (3rd ed.). Hoboken, NJ: John Wiley & Sons, Inc.

Tallent, N. (1993). *Psychological report writing* (4th ed.). Englewood Cliffs, NJ: Prentice-Hall.

Wolber, G. J., & Carne, W. F. (2002). *Writing psychological report: A guide for clinicians* (2nd ed.). Sarasota, FL: Professional Resource Exchange. \*This is a much more basic, practical text on report writing. Don't cover the breadth of the issues but is very practical.

Zuckerman, E. L. (2000). *Clinician's thesaurus: The guidebook for writing psychological reports* (5th ed.). New York, NY: The Guilford Press. Or, *Clinician's thesaurus: The guide to conducting interviews and writing psychological reports* (6th ed.). \*This a good aid to help with terminology and learning the language of psychological reports. It is pretty elementary, though.

### **Ethics:**

American Psychological Association (2002). *Ethical principles of psychologists and code of conduct 2002*. Available at <http://www.apa.org/ethics/code2002.pdf>.

### **Relevant Websites Resources**

#### **Psychopathology:**

BehaveNet® Clinical Capsule™ (<http://www.behavenet.com/capsules/disorders/dsm4tr.htm>). Online DSM-IV-TR

#### **Child Clinical psychology:**

MentalHelp.net ([http://www.mentalhelp.net/poc/view\\_index.php?idx=home](http://www.mentalhelp.net/poc/view_index.php?idx=home)). Including diagnosis, testing, and treatment.

#### **Test Professional / Scientific Societies:**

Applied Psychometric Society (<http://www.fordham.edu/aps/index.html>)

Psychometric Society (<http://www.psychometrika.org/>)

American Psychological Association, Division 5, Evaluation, Measurement and Statistics (<http://www.apa.org/divisions/div5/>). Also, see their Testing and Assessment website (<http://www.apa.org/science/testing.html>)

American Educational Research Association (AERA), Division D: Measurement & Research

Methodology ([http://www.aera.net/divisions/Default.aspx?menu\\_id=70&id=69](http://www.aera.net/divisions/Default.aspx?menu_id=70&id=69))

American Evaluation Association (<http://www.eval.org/>)

Society for Computers in Psychology (<http://home.scip.ws/>)

### Journals:

*Psychometrika* (<http://www.psychometrika.org/>)

*Journal of Personality Assessment* (<http://www.erlbaum.com/Journals/journals/JPA/jpa.htm>)

*Psychological Assessment* (<http://www.apa.org/journals/pas/>)

*Assessment* (<http://www.sagepub.com/journal.aspx?pid=339>)

*Measurement: Interdisciplinary Research and Perspectives*

(<http://www.erlbaum.com/Journals/journals/MEA/mea.htm>)

*Applied Psychological Measurement* (<http://www.sagepub.com/journal.aspx?pid=184>)

*Journal of Statistics Education* (<http://www.amstat.org/publications/jse/>)

### Test Publishers:

ASEBA-The Achenbach system of empirically based assessment  
(<http://shop1.mailordercentral.com/aseba/>)

PAR test publishers (<http://www3.parinc.com/>)

Consulting Psychologists Press (<http://www.mbt.com/>)

Assessment Systems Corporation (<http://www.assess.com/>)

Testing Materials Resource Online (<http://www.psychtest.com/>)

Institute for Applied Psychometrics (<http://www.iapsych.com/IAPWEB/iapweb.html>)

EDUTEST Incorporated (<http://www.edutest.com/>)

NCS Assessments (<http://www.ncs.com/>)

Riverside Publishing Company (<http://www.riverpub.com/>)

Stoelting Co. (<http://www.stoeltingco.com/>)

中國行為科學社 (<http://www.mytest.com.tw/>)

心理出版社附設心理測驗諮詢中心 (<http://www.psy.com.tw/categorylist.php?cPath=26>)

測驗出版社 Psychological Assessment Corporation (<http://www.psytest.com.tw/>)

### Test Reviews and Critiques / Searching for Tests:

Buros Institute of Mental Measurement (<http://buros.unl.edu/buros/jsp/search.jsp>). Provides critical analyses of tests and testing instruments.

Buros Mental Measurements Yearbook website ([www.unl.edu/buros](http://www.unl.edu/buros)). A good overview of psychological assessment resources on the web.

Ericae.net: Clearinghouse on Assessment and Evaluation (<http://ericae.net/>). Information concerning educational assessment, evaluation and research methodology.

Fst-Track (<http://www.pubpol.duke.edu/centers/child/fasttrack/allmeasures.htm>). A list of measures used to help with work designed to prevent serious and chronic antisocial behavior in a sample of children selected as high-risk at school entry because of their conduct problems in kindergarten and home.

### Statistics / Software:

Statistics.com (<http://www.statistics.com>). Excellent website with many resources.

StatSoft Online Electronic Statistics Textbook (<http://www.statsoft.com/textbook/stathome.html>).

Also, see their statistics advisor.

SPSS website (<http://www.spss.com/>)

Journal of Statistical Software (<http://www.jstatsoft.org/>)

LTSN Psychology resources database (includes software, videos, weblinks and recent textbooks – see the stats link) ([http://ltsnpsy.york.ac.uk/LTSNASP/ltsn\\_browse.html](http://ltsnpsy.york.ac.uk/LTSNASP/ltsn_browse.html))

Paul Barrett's website (<http://www.pbarrett.net/>)

### Clinical Assessment:

WikiTeamWork (<http://www.twedutest.com/wiki/index.php/%E9%A6%96%E9%A0%81>). 台中教育大學歐滄和老師的網站。

### Personality Testing:

IPIP-NEO online (<http://www.personal.psu.edu/faculty/j5j/IPIP/>)

The Big Five Personality Test (<http://www.outofservice.com/bigfive/>)

International Personality Item Pool (<http://ipip.ori.org/ipip/>)

PersonalityResearch.org (<http://personalityresearch.org/>). Links to online personality tests.

Keirsey Temperament Sorter II (<http://www.keirsey.com/>)

Jungian personality typology info/tests (<http://www.socionics.com/>)

Intro to the Big Five theory (<http://www.centacs.com/quickstart.htm>)

### Neuropsychological Testing:

BrainMetric web site (<http://brainmetric.com/>)

Brain.com ([http://cognitivelabs.com/mydna\\_speedtest1.htm](http://cognitivelabs.com/mydna_speedtest1.htm)). Test how fast you can think.

The PEBL psychological test battery. <http://pebl.sourceforge.net/battery.html>

### Websites with tests that can be taken & scored online (some with tests of unreported or unknown reliability/validity):

Queendom – free psychological tests online (<http://www.queendom.com/tests.html> or <http://www.queendom.com/tests/alltests.html>). The website says that these tests are developed by professionals, but no reliability or validity information is given for many of the tests.

Mental Health Net ([http://mentalhelp.net/poc/view\\_index.php?idx=83](http://mentalhelp.net/poc/view_index.php?idx=83))

### Several clinical tests by well known research psychologists:

HumanMetrics (<http://www.humanmetrics.com/>)

### Several clinical screening tests:

Online psych (<http://www.allhealth.com/onlinepsych/>). Has some psychological tests you can take, but they are of unknown reliability and validity.

Psychology Today online tests

([http://www.psychologytoday.com/HTDocs/prod/ptoselftest/self\\_test.asp](http://www.psychologytoday.com/HTDocs/prod/ptoselftest/self_test.asp))

AllTheTests.com site (<http://allthetests.com/>). To design and deploy tests. Visitors can take tests – some of which are “rated” for quality, but no information about reliability or validity is given.

Shrintank (<http://www.shrinktank.com/testing.htm>). Links to various tests.

SelfGrowth.com (<http://www.selfgrowth.com/test.html>)

VALS (Values and Lifestyles Survey – consumer research (<http://www.sricbi.com/VALS/presurvey.shtml>)

HelpSelf.com (<http://www.helpself.com/quiz.htm>)

IQ and Personality Tests (<http://www.davideck.com/>)

Psych-Central (<http://www.psych-central.com/online1.htm>)

Personality Page ([www.personalitypage.com](http://www.personalitypage.com))

Eq.org ([www.eq.org](http://www.eq.org)). Directory of Emotional Intelligence testing sites, resources and organizations.

SelfAssessmentCenter.com (<http://www.selfassessmentcenter.com/>)

ANSIR system (ANSIR stands for A New Standard In Relating) (<http://personal.ansir.com/>).

4therapy.com (<http://www.4therapy.com/consumer/assessment/>)

### Websites for non-programmers to create and deploy surveys and tests on the web:

FormSite ([www.formsite.com](http://www.formsite.com)). Non-programmers can develop and post surveys and forms on the

web. Very intuitive and easy to use – probably the best site currently available to easily create web-based surveys and forms. Data can be downloaded to import into databases and statistical programs. Zoomerang ([www.zoomerang.com](http://www.zoomerang.com)). Similar to FormSite, but not as user-friendly.

SurveyKey.com (<http://surveykey.com/>). Create online surveys.

Key Survey (<http://www.keysurvey.com/>). Create online surveys.

SurveyMonkey.com (<http://surveymonkey.com/>). Create online surveys.

SelectSmart ([www.selectsmart.com](http://www.selectsmart.com)). Allows non-programmers to develop and score tests for selection purposes on the web – many sample “selectors” are available, but, unfortunately, no information is given regarding the construction, reliability or validity of these “selectors.”

AssessmentSite.com ([www.assessmentsite.com](http://www.assessmentsite.com)). Allows non-programmers to create, score, interpret, and perform statistical analyses of tests via the web (website developed by your professor -- online soon!)

Question Mark (<http://www.questionmark.com>). Software for educators and trainers to write, administer and report on assessments, tests, quizzes, exams and surveys using PCs, local area networks, the Internet and intranets.

CleverForm (<http://www.cleverform.com/>). Develop, deploy and analyze survey data.

Universal Inventory / Test Scorer ([http://www.concentric.net/~cyberper/quick\\_start.htm](http://www.concentric.net/~cyberper/quick_start.htm))

#### **Index of websites related to psychological testing / misc. websites:**

Yahoo (<http://search.yahoo.com/bin/search?p=psychological+testing>)

Glossary of Measurement Terms (<http://www.hbem.com/library/glossary.htm>)

有愛無礙 For Teachers (<http://teachers.daleweb.org/tools/index.php>)